



I am going to see a ballet performance!

Hickory Ballet and Performing Arts has invited me to see the Nutcracker.

A ballet tells a story through dance and music.

HICKORY BALLET & PERFORMING ARTS & THE OLD POST OFFICE PLAYHOUSE  
present

# THE NUTCRACKER

*a sensory friendly performance*  
for children, adults, and families

THURSDAY, DECEMBER 12<sup>TH</sup>  
AT 6:00PM

NO CHARGE,  
voucher required

10 SOUTH MAIN AVE  
NEWTON, NC 28658



For additional resources and performance details  
please visit our website:  
[www.hickoryballetpa.com](http://www.hickoryballetpa.com)

 HICKORY BALLET & PERFORMING ARTS

[hickoryballetpa.com](http://hickoryballetpa.com)  
(828) 328.3794 @

 OLD POST OFFICE PLAYHOUSE

The ballet performance is at the Old Post Office Playhouse in Newton. We will drive there in our car, park, and walk to the entrance.





When I get there, I will walk in the front door into the foyer.



Next, I will go to the lobby. I can wait here until it's time to go to my seat. There will be some dance things to look at while I'm in the lobby.





An usher will help me and my family enter the auditorium for the performance. An usher is a friendly helper. If I need help, I can ask the usher.

I will sit and wait for the ballet to begin. Someone will come onstage before and during the show to tell me about it.

I will watch the dancers move their bodies to the music to tell the story of the *Nutcracker*.

The dancers will use their bodies to tell the audience how they are feeling.





I'm going to see dancers dressed as different characters to tell the story of the *Nutcracker*. Different characters will have different costumes. I can learn about these costumes before I come.



Ballet uses dance and music to tell the story.

Sometimes the music is fast. Sometimes the music is slow. Sometimes the music is loud. I can cover my ears if the music gets too loud.



I can click [HERE](#) to listen to the music before coming!



I will tell my family if I need some quiet time. If I need a break during the show, I can go to the lobby to relax.



There are restrooms in the lobby. I will let my family know if I need to use the restroom.



When the performance is over, I will wait my turn to leave. I will go out through the lobby.